

أذكار ما بعد الصلاة

5 AUTHENTICATED POST-PRAYER DHIKR FORMULAS

To be recited after every Fard (obligatory) prayer — choose any formula
تقرأ بعد كل صلاة فريضة

● FORMULA 1 — THE 10-COUNT

سبحان الله ١٠ مرات
الحمد لله ١٠ مرات
الله أكبر ١٠ مرات

SubhanAllah × 10

Alhamdulillah × 10

Allahu Akbar × 10

١٠ —

١٠ —

١٠ —

Source: Sahih Muslim | Total Count: 30

● FORMULA 2 — THE 25-COUNT WITH TAHLEEL

سبحان الله ٢٥ مرات
الحمد لله ٢٥ مرات
الله أكبر ٢٥ مرات
لا إله إلا الله ٢٥ مرات

SubhanAllah × 25

Alhamdulillah × 25

Allahu Akbar × 25

La ilaha illallah × 25

٢٥ —

٢٥ —

٢٥ —

Source: Sahih Muslim | Total Count: 100

● FORMULA 3 — THE 33-COUNT STANDARD

سبحان الله ٣٣ مرات
الحمد لله ٣٣ مرات
الله أكبر ٣٣ مرات

SubhanAllah × 33

Alhamdulillah × 33

Allahu Akbar × 33

٣٣ —

٣٣ —

٣٣ —

Source: Sahih Muslim | Total Count: 99

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● FORMULA 4 — THE SUNNAH 33-33-34

□ Most Cited

سبحان الله ٣٣ مرات
الحمد لله ٣٣ مرات
الله أكبر ٣٤ مرات

SubhanAllah × 33
Alhamdulillah × 33
Allahu Akbar × 34

٣٣ —
٣٣ —
٣٤ —

Source: Sahih Muslim 597 | Total Count: 100

● FORMULA 5 — THE COMPLETE 100

سبحان الله ٣٣ مرات
الحمد لله ٣٣ مرات
الله أكبر ٣٣ مرات

SubhanAllah × 33
Alhamdulillah × 33
Allahu Akbar × 33

٣٣ —
٣٣ —
٣٣ —

لا إله إلا الله وحده لا شريك له
له الملك وله الحمد
وهو على كل شيء قدير

*There is none worthy of worship except Allah alone, with no partner or associate.
His is the dominion, His is all praise, and He has power over all things.*

“ “
— “ “

× 1 time (after the 33 Allahu Akbars)

Source: Sahih Bukhari & Sahih Muslim | Total Count: 100

كيفية العد والفضائل

HOW TO COUNT — MERIT & CONDITIONS

COUNTING METHODS — SCHOLARLY RULING

FINGERS

الأصابع

☐ Sunnah — Highest Merit

Fingers testify on Day of Judgment
— Tirmidhi 3583

MISBAHA BEADS

المسبحة

Mubah — Permitted

Classical counting aid.
Permitted by all four madhabs

DIGITAL COUNTER

العداد الرقمي

Mubah — Conditionally

Same ruling as misbaha by qiyas
— Permanent Committee Q.128914

5 CONDITIONS FOR VALID DHIKR

- | | | |
|----|-----------------------------------|----------------------|
| 01 | Presence of Heart and Tongue | حضور القلب واللسان |
| 02 | Correct Intention for Allah Alone | النية الصادقة لله |
| 03 | No Showing Off (No Riya) | إخلاص وبعد عن الرياء |
| 04 | Counter Is an Aid — Not a Goal | العداد وسيلة لا غاية |
| 05 | Goals Must Not Feel Obligatory | لا يجب التقيد بأهداف |

QUICK HADITH REFERENCE

- | | |
|---|-------------------|
| Sahih Muslim 597 | صحیح مسلم ۵۹۷ |
| → 33-33-34 Formula — sins forgiven even if like foam of the sea | |
| Sahih Bukhari 6464 | صحیح البخاري ۶۴۶۴ |
| → Most beloved deeds = done regularly, even if small | |
| Sahih Muslim 2698 | صحیح مسلم ۲۶۹۸ |
| → 100 tasbeehs = 1,000 hasanat recorded, or 1,000 sins erased | |
| Tirmidhi 3583 | جامع الترمذي ۳۵۸۳ |
| → Count on fingers — they will speak — unique merit | |

For the complete 4-Madhab scholarly guide:

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